

CAMP LA JUNTA

Daily DO

#56

FLOOR PONG

A camp classic cabin activity that we want to bring to your house. Face off and brush up on your skills against your family members and see who the best is!

What you need:

Tape

Ball (Ex: Ping pong, Tennis, Soccer, Kickball, Volleyball, etc.)

Version 1: How you Play:

You need to make your playing court.

Find a place in your house or outside that give you enough area to run around and bounce a ball on.

The court can be any size that you want, but just has to be in a rectangular shape.

In the middle of your court, put a line down that will separate the two sides.

Once you have your court created then it is time to play. This game is a lot like 4 square and ping pong combined.

Instead of having 4 squares, you now only have two.

Instead of using a paddle to hit the ball, you use your hand.

Flip a coin or farkle to decide who will serve first.

Version 2: How you Play:

You need to make your playing court.

Find a small area in your house to make a smaller version of the court in version 1.

You will play on your knees or squat down while playing.

Rules for both Versions:

You will play to 11 points and use the rally scoring system.

Whomever wins the previous point, will serve the next point.

The winner has to win by 2 points.

First player will serve from their back line and the ball has to land inside your opponents' box.

Player serves by bouncing the ball on the ground first and then hitting it to your opponents' box.

If it hits the line, then the ball is still in.

If at any time the ball bounces outside the lines, then the last player who touches the ball will lose the point.

If you hit the ball and it bounces in your square instead of your opponents, then you will lose the point.

If you double touch the ball, you will lose the point.