

# CAMP LA JUNTA

# Daily DO #35

## WORM FARMS

**Step 1.** Get a bin (not clear) it can be any size depending on how many worms you want to get; big bin for lots of worms, small bin for fewer worms.

**Step 2.** Make lots of holes at the bottom of the bin (scroll down for explanation). If you will be using a lid make a few there too (not required). Add a few holes at the side too.

**Step 3.** Get newspaper, paper, mail, or cardboard and rip it up in small strips. If you have a paper shredder handy, it will save some of time.

**Step 4.** Spread the paper strips out around the bottom of the bin about one inch high.

**OPTIONAL:** If you have any food scraps such as apple cores, banana peels, or pears, you can shuffle it around with the paper scraps. This will give the worms easy access to food. Do not use meat, poultry, fish, dairy, potato chips, candy, oils, oranges, lemons, and limes because these are not good for the worms or the farm.



**Step 5.** Lightly dampen the paper to soften the bedding for the worms. Do not over water. You have now finished making the bedding, the area that the worms will mainly spend there time in and the area that the worms will be laying there eggs.

**Step 6.** Find some soil. Peat moss works well but any soil works as long as there is no dense concentration of fertilizers or pesticides.

**Step 7.** Fill your bin with soil up to about 2 or 3 inches from the rim.

**OPTIONAL:** Every couple of inches of soil put some food scraps in there for worm food. Remember NO meat, poultry, fish, dairy, potato chips, candy, oils, oranges, lemons, and limes because these are not good for the worms or the farm.

**Step 8.** Spray some water over the farm to dampen all of the soil in the farm, do NOT over water it. Any little bit of excess water will drain through the holes in the bottom of the bin. Make sure that all of the soil is evenly dampened (sift through to spread the water).

**Step 9.** Add the worms to the top of the bin and allow them to dig down. Do not try to assist them with burrowing because it will scare them it can take up to a day for all of them to burrow down. Any worms that do not go down after being there for a day or two are dead or weak and should be removed.

**Step 10.** Add some extra little food scraps to the top of the soil.



**CONGRATULATIONS, YOU ARE DONE.** As you get more worms in your farm, release them to help Mother Earth.